



IAPSM NEWSBULLETIN

Quarterly Newsbulletin of
Indian Association of Preventive and Social Medicine
National HQ India



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JUL-SEP 2016

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Editorial

I feel honoured and privileged in addressing you. With immense pleasure I am handing over the second issue of the quarterly newsbulletin to you all. With your whole hearted co-operation & support, it is my humble endeavour to strengthen IAPSM at all levels. In my opinion we should work as an academic body to update the members' knowledge and being community medicine people, we have to fulfill social responsibilities as well.

It has been found as per record that the registration certificate of IAPSM was received by IAPSM National HQ on 15th February, so it was decided in consultation with team IAPSM 2016-17 that 15th February shall be observed and celebrated as 'IAPSM Foundation Day' by the community medicine departments of all medical colleges across the country every year. The outline including the theme for the same will be provided by National HQ of IAPSM in the month of January and communicated to all.

We have approached different departments of government like NUHM, Directorate of National Vector Borne Diseases Control Programme of Govt. of India, and organizations like WHO's Communicable Disease Section, UNICEF, NHSRC, NIHFW, New Delhi regarding collaboration with IAPSM in different activities/programmes.

We are trying to activate and strengthen the state IAPSM chapters and it is pleasing to note that some state chapters are working very actively & have successfully organized conferences and workshops too. Some state chapters will also be established in near future.

I am grateful to all IAPSM members for their greetings and overwhelming response towards the first issue of national newsbulletin. I am also cordially thankful to all those who have extended their much needed help in giving shape to this issue.

Wish you all a Very Happy, Healthy & Prosperous Diwali.

Long Live Active & Accountable IAPSM!

Jai Hind!

With warm regards,

Dr. Ashok Mishra
National President,
IAPSM



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DR. V.K. SHRIVASTAV

Convener, National Consultative Meet on Defining Norms for RHTC & UHTC of Medical Colleges in India, Lucknow.



DR. RASHMI SINGH

Organizing Chairperson IAPSMCON, 2016 State Chapter, Bihar.



DR. JUTIKA OJAH

Organising Secretary, NEZCON 2016, Guwahati.



DR. RAKESH KAKKAR

Editor, Indian Journal of Community Health, Dehradun.



DR. SHOBHA MISHRA

Fellow of the FAIMER institute.



DR. R.M. TRIPATHY

Executive Member, MCI & Dean, MKCG Medical College, Berhampur, Odisha.



DR. SASMITA MUNGI

Writer/Composer of IAPSM National Flag Salutation and IAPSM Prayer.



DR. RANJEET K. SINHA

Organizing Secretary, IAPSMCON, 2016 State Chapter, Bihar.



DR. PRADEEP AGGARWAL

Chief Editor, Indian Journal of Community Health, Dehradun.



DR. PRIYESH MARSKOLE

Completed P.G. Diploma in Family Medicine from Christian Medical College, Vellore (T.N.).



DR. S.B. GUPTA

Organizing Chairperson IAPSMCON, 2016 State Chapter, UP & UK.



DR. RUPALI BARUAH

Organizing Chairperson, NEZCON 2016, Guwahati.



DR. ATUL KUMAR SINGH

Organizing Secretary, IAPSMCON, 2016 State Chapter, UP & UK.



DR. PRAKASH PATEL

Executive Editor, National Journal of Community Medicine, Surat.



DR. KAPIL GANDHA

Certificate course of Health Research Fundamentals, National Institute of Epidemiology, Chennai.



Please send your passport size photograph along with your important achievements for the column-

"Bouquets & Honours" and photographs of activities done under the aegis of IAPSM with caption & date along with brief report of the activity.

Photographs should be more than 300 DPI.

Attention Please!!



Multi-author book of Community Medicine under the aegis of IAPSM is in progress.

All members willing to contribute chapters in the book may contact

Dr. Ashok Mishra
(drashokgrmc@yahoo.co.in) OR

Dr. Rakesh Kakkar
(drrakesh75@rediffmail.com)

IAPSM Achievers

DR. ANAND KUMAR GOVILA,

M.B.B.S., M.D., F.A.M.S., F.I.P.H.A., F.I.A.P.S.M., F.I.S.C.D., F.R.I.P.H. & H. (London)



Dr. A. K. Govila is one of the pioneers of Community Medicine. He was born on 19th Nov. 1935. Since 1973 he worked as Professor & Head, Deptt. of P.S.M. & was also Dean, G.R. Medical College, Gwalior & then Raipur. He is also Founder Director, State Institute of Health Management and Communication, Gwalior, Dean, Cancer Hospital & Research Institute, Gwalior and Project Director, Rawatpura Sarkar/ Samta Lok Sansthan Trust, Gwalior. Since 2002 till date he is working as Director, R.I.G.H.T.S. NGO.

He is the recipient of very prestigious Dhanwantari Oration Award & Dr. Mahajan Award for the first 'Best Article' in journal of IAPSM in 1980. His research contributions have been recognized by national and international bodies i.e. WHO, UNICEF, DANIDA, USAID, ICMR, NICD, NIHFWS & Nutrition Foundation of India.

He was guide of more than 35 candidates for M.D. & 6 candidates of Ph.D. and has published 45 scientific research papers in indexed national and international journals and carried out more than 60 research works till date. He has written several chapters & books for medical & paramedical health functionaries. He has completed more than 12 ICMR Projects in India. He is still working as Principal Investigator of many ICMR projects.

He successfully organized National Conference of IAPSM in 1988, M.P. IAPSMCON in 1983 and various State level workshops.

Prof. Govila has been the National President of IAPSM for two consecutive years i.e. 1986 & 1987. He is also Life Member of International Epidemiological Association, IAPSM, IPHA, IMA, Association for the Prevention of Blindness, President IMA Gwalior Branch in 1981-82 and member national body of EPI Programme.

DR. VINIT SHARMA,

M.B.B.S., M.D., PG Dip. in Health Management



Dr. Vinit Sharma is the Senior Regional Technical Advisor for Reproductive Health & Family Planning in UNFPA's regional office for Asia and Pacific region in Bangkok (Thailand) covering 36 countries. Prior to his current assignment, he was working as Regional Advisor, Adolescent Sexual and Reproductive Health in the UNFPA's regional office for Arab States and North Africa based in Amman (Jordan). Before joining UNFPA in 2003, Dr. Vinit Sharma worked with UNICEF (India) and WHO (India) in the National Polio Surveillance Project. Dr. Sharma has more than 12 years of teaching and research experience and was working as Professor and Head of the Department of Community Medicine at PS Medical College (Karamsad, Anand), where he pioneered the concept of Youth Friendly Clinics and training of teachers for promoting the health of young people.

In 2015, Dr. Sharma volunteered for Ebola Emergency Response and worked as Senior Coordination Officer with United Nations Mission for Ebola Emergency Response in Guinea for 6 months.

He is the first and only Indian recipient of the highest international award on Adolescent Health (the International Association for Adolescent Health - IAAH Award) and was International Vice President of IAAH for 15 years. He is also the recipient of various prestigious international and national awards and felicitations and serves on the review board of many prestigious international research journals. His services were appreciated by Govt. of Sudan & Maldives. He has more than 60 research publications in international journals and has been on the Advisory Panel and Committees for development of international guidelines and protocols. He has also contributed chapters in international text books on RH and HIV/AIDS.

He has also received advanced training in Adolescent Health & Sexuality from the University of Lausanne (Switzerland).

Initiatives/Activities of Team IAPSM 2016-17

1. Formation, designing and launching of IAPSM Flag during the first GC meeting on 26th May 2016 at Ahmedabad, Gujarat.
2. Composition and use of National Flag Salutation & IAPSM Prayer.
3. Unanimous decision was taken in first GC meeting that all official events of IAPSM shall start with National as well as IAPSM Flag on dais followed by National Flag Salutation & IAPSM Prayer. It was decided to organize 'Walk for Health' during all IAPSM conferences. These decisions were followed by all community medicine dept. across the country at all the events as per reports.
4. Formation of two IAPSM Forums for PGs and young faculties i.e. Career Counselling Forum & Research Guidance Forum.
5. Started first ever IAPSM Newsbulletin in the history of IAPSM.
6. Foundation Day of IAPSM decided to be celebrated on 15th February every year.
7. Organized National Consultative Meet on Defining Norms for RHTC/ UHTC of Medical Colleges in India, convened by Dr. V. K. Shrivastav, former National President IAPSM, in collaboration with National Health Systems Resource Centre (NHSRC), NIHFW, New Delhi.
8. Associated with & participated in the workshop on Role of Medical Colleges in Strengthening of Urban Health in India at NIHFW in collaboration with NUHM, Govt. of India.
9. World Health Day Quiz was successfully organized on 7th April 2016 in all medical colleges across the country. Huge participation by medical students created history. The theme was "Beat Diabetes".
10. World TB Day, World No Tobacco Day, World Rabies Day, World Breastfeeding Week etc. were organized by community medicine dept. in most of the medical colleges across the country.
11. Creation of new updated IAPSM website(www.iapsm.org) with impressive look and many innovative features.
12. We have decided to bring out a multi-author Text Book of Community Medicine/ PSM with the help of IAPSM members and have already formed a committee for the same.
13. Formation of E-directory of IAPSM. Response of members is overwhelming. Work in progress.
14. Number of Fellowships increased from four to eight to felicitate more members of IAPSM excelling in academics.
15. Initiated Fellowship Programme in collaboration with CARE India i.e. Fellowship in Neonatal and Child Health and Fellowship in Reproductive and Maternal Health.
16. Started for the first time six 'National President's Appreciation Awards': two for PGs, two for young faculty and two for IAPSM members working in non-teaching areas.
17. IAPSM has submitted:
 - i. Feedback to Joint Secretary Ministry of Health and Family Welfare, GoI on MCI Committee "Report on Deployment of Fresh Medical Graduates for Rural Services" on 6/6/2016.
 - ii. Views and suggestions to Parliamentary Committee on Medical Reforms in Country by Committee on Petition (Lok Sabha) under the Chairmanship of Shri Bhagat Singh Koshyari, M.P. on 10/6/2016.
 - iii. Response to questionnaire for Medical Education (UG & PG) by Secretary, Oversight Commission, Medical Council of India on 2/8/2016.
 - iv. Advocacy letter to Shri J. P. Nadda, Honourable Health Minister, GoI on Strengthening Health Care Services in country on 22/8/2016.
 - v. Views and suggestions to Director (Health) NITI Ayog on National Medical Commission Bill 2016, dated 31/8/2016.
 - vi. Advocacy letter to President, Medical Council of India for overlooking and not considering of AP (UHTC) & AP (RHTC) posts by some MCI assessors during MCI assessment.
18. Facilitated formation of Karnataka & Andhra Pradesh IAPSM State chapters
19. Formation of various committees like Committee on National Vector Borne Diseases Control, Health Education Committee & Health System and Management Committee.
20. IAPSM was associated with (i) National Seminar on Occupational Health and Workshop on Pre-hospital trauma care in Occupational Injuries" organized by Department of Community Medicine & Family Medicine, AIIMS, Jodhpur & (ii) National workshop on Biostatistics, Department of Community Medicine, IMS & SUM Hospital, Bhubaneswar.

IAPSM Activities at a glance



IAPSM Conference 2016 State Chapter Bihar, Patna: 01. Lamp Lighting; 02. Handing over IAPSM flag to the organizers;

03.-04. Flag Salutation, IAPSM Prayer and Presidential Address; 05. Release of Souvenir; 06. Walk for Health, Bihar IAPSMCON 2016, Patna;

07.-09. National Consultative Meet on Defining Norms for RHTC & UHTC of Medical Colleges in India, at Lucknow; **IAPSM Conference 2016 State Chapter UP & UK, Bareilly:** 10. Walk for Health, UP & UK IAPSMCON2016, Bareilly; 11. Lamp Lighting; 12. Deoki Nandan Lifetime Achievement Award to Prof. Zulfia Khan; 13. Address of National President IAPSM; 14. Address of Org. Chairperson, Dr. S.B. Gupta; 15. Release of Souvenir;

IAPSM *Activities at a glance*



01.-06. Activities under Routine Immunization Supportive Supervision and Mission Indradhanush by PSM Deptt, GRMC, Gwalior in Tikamgarh and Chhatarpur Districts of M.P.; 07.-09. Facility based survey of RTI/STI in Chhatarpur & Morena Districts of M.P.; 10.-12. Activities under Skilled Birth Attendant in four districts in Gwalior and Chambal Divisions; 13. tOPV to bOPV Switch Validation Activity under INCLEN Organization; 14.-15. Effective Vaccine Management visit under UNICEF in Vidisha and Sagar Districts of MP.

IAPSM *Activities at a glance*



01. Hon'ble Shri Faggan Singh Kulaste, Minister of State, Health and Family Welfare, GoI, going through IAPSM Newsbulletin;
 02-04. De-Addiction Activities, Jabalpur; 05. World Mental Health Day Celebration, New Delhi; 06. Nutrition week Celebration, Patiala;
 07. Nutrition week Celebration, PGIMER; 08.-11. Nutrition week Celebration, Vadodara; 12.-13.. All Gujarat UG Student Quiz, Ahmedabad;
 14.-15. Workshop on Research Methodology, Govt Medical College, Srinagar.

IAPSM Activities at a glance



01.-03. Breast Feeding Activities SN Medical College, Agra; 04. Breast Feeding Activities GMERS Gotri, Vadodara; 05. Breast Feeding Activities Index Medical College, Indore; 06.-10. **Booster Activity Gujarat:** The 5th IAPSM-GC PG MEET event named "BOOSTER 2016 relax... rejuvenate... refresh..." with the theme of "Climate Changes - GO GREEN SAVE BLUE" was successfully organized on 5th & 6th August 2016 by Department of Preventive & Social Medicine, Shree M.P. Shah Government Medical College, Jamnagar; 11.-15. Rabies Day Celebrations.

WHO Launches 'Global Hearts', A New Initiative to Tackle Heart Diseases

“Global Hearts”, a new initiative from the World Health Organization (WHO) and partners launched on the margins of the UN General Assembly, aims to beat back the global threat of cardiovascular disease, including heart attacks and strokes, especially in developing countries. It is a collaboration between WHO, the United States Centres for Disease Control and Prevention (US CDC), and other partners, including the World Heart Federation, the World Stroke Organization, the International Society of Hypertension and the World Hypertension League. The Global Heart Initiative will be initially rolled out in Barbados, Colombia, Ethiopia, India, the Islamic Republic of Iran, Jordan, Nepal, Nigeria, Philippines, Tajikistan and Uganda – and will be open to all countries wishing to participate. The initiative comprises of three technical packages:

SHAKE : To support governments to lower consumption of salt.

HEARTS : To improve management of heart diseases at the primary health care level.

MPOWER : To help countries implement specific provisions of the WHO Framework Convention on Tobacco Control.

(Source: WHO, 22nd September, 2016)

New WHO Guidelines for Syphilis

The World Health Organization (WHO) has published updated treatment guidelines for syphilis “WHO guidelines for the treatment of *Treponema pallidum* (syphilis)” in view of the increasing and changing antimicrobial resistance patterns of syphilis and other sexually transmitted infections. Some key recommendations include:

In adults and adolescents with early syphilis, benzathine penicillin G 2.4 million units once intramuscularly (IM) is recommended over procaine penicillin G 1.2 million units IM x 10-14 days.

In case of penicillin allergy or non availability, doxycycline 100 mg twice daily orally x 14 days or ceftriaxone 1 g IM once-daily x 10-14 days is recommended. Avoid doxycycline in pregnant women.

In pregnant women with early syphilis, benzathine penicillin G 2.4 million units once IM is recommended over procaine penicillin 1.2 million units IM once-daily x 10 days.

Benzathine penicillin G 2.4 million units IM once weekly for three consecutive weeks is recommended over procaine penicillin 1.2 million units once-daily x 20 days in adults and adolescents with late syphilis or unknown stage of syphilis.

In pregnant women with late syphilis or unknown stage of syphilis, benzathine penicillin G 2.4 million units IM once weekly for three consecutive weeks over procaine penicillin 1.2 million units IM once-daily x 20 days is advised.

Aqueous benzyl penicillin or procaine penicillin is recommended for infants with confirmed congenital syphilis or those who are clinically normal, but with mothers with untreated, inadequately treated or syphilis treated with non-penicillin regimens. Close observation is recommended for clinically normal infants and who have mothers with adequately treated syphilis treated with no signs of reinfection.

PILLARS OF IAPSM

Dr. A.K. Bharadwaj	Dr. Kusum Lata Gaur	Dr. S.C. Tiwari
Dr. A.K. Govila	Dr. L.M. Nath	Dr. S.K. Pradhan
Dr. A.P. Kulkarni	Dr. M. K. Sudarshan	Dr. S.Vivek Adhish
Dr. Abdul Rauf	Dr. Niranjan Ray	Dr. Sanjay Chaturvedi
Dr. Akhilesh Bhargava	Dr. P.K. Kasar	Dr. Sanjay Zodyey
Dr. (Mrs.) Amita Kashyap	Dr. Pankaja R. Raghav	Dr. Sanjeev Kumar
Dr. B.S. Garg	Dr. Pradeep Khanna	Dr. Sundar Lal
Dr. Bhupendra Singh	Dr. R.C. Goyal	Dr. Suneela Garg
Dr. Bhupendra Tripathi	Dr. R.K. Bansal	Dr. Umesh Kapil
Dr. C.S. Pandav	Dr. R.K. Baxi	Dr. Utsuk Dutta
Dr. D.K. Pal	Dr. Raghunath Misra	Dr. V.K. Shrivastav
Dr. D.K. Taneja	Dr. Rajesh Kumar	Dr. (Mrs.) Vikas Desai
Dr. G. Krishna Babu	Dr. S.C. Mohapatra	Dr. Vimala Thomas
		Dr. Zile Singh

HELPING HANDS

Dr. Abhik Sinha	Dr. Manju Toppo	Dr. S. Muhammad Salim Khan
Dr. Anil Dixit	Dr. Narendra Singh	Dr. S.B. Bansal
Dr. Anil Purty	Dr. Naveen Goel	Dr. S.K. Mishra
Dr. Annarao G. Kulkarni	Dr. Preeti Padma	Dr. S.K. Rasanina
Dr. Arun Kokane	Dr. Purushottam Giri	Dr. Sai Shankar Prathap
Dr. Babu Rao	Dr. R.K. Shrivastava	Dr. Sanjay Pandey
Dr. Bhavesh Modi	Dr. R.R. Shinde	Dr. Sanjay Rai
Dr. C.K. Lahariya	Dr. Rajesh Kumar Konduru	Dr. Shalabh Sharma
Dr. Ipsa Mahapatra	Dr. Rajesh Tiwari	Dr. Shamim Haider
Dr. Kanniyar Binub	Dr. Rakesh Bahal	Dr. Sonu Goel
Dr. Khursheed Muzammil	Dr. Rakesh Kakkar	Dr. Tulika Goswami
Dr. Lalit Sankhe	Dr. Ramesh Verma	Dr. Veera Kumar
Dr. Manish Kumar Singh	Dr. S. Elango. MD	Dr. Venu Chandrashekhar
		Dr. Y.D. Badgaiyan

Note: The names are in alphabetical order and not according to seniority.

IAPSM FORUMS FOR PGs & YOUNG FACULTY

Career Counselling Forum

Coordinator : **Dr. Puneet Misra** (link: <https://iapsm.gnomio.com>)

Research Guidance Forum

Coordinator : **Dr. A.P. Kulkarni** (link: <https://iapsm.gnomio.com>)

For any technical assistance, please contact :

Dr. Shyam Singhal

Mob. 09425101594 (Only messages, no calls please)

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with Best Wishes



Dr. Mukul Tiwari

MD, DCH, FIAP
Child Adolescent and
Newborn Specialist

Dr. Archana Tiwari

MS
Obstetrician and
Gynecologist

APEX HOSPITAL

University Road, Gwalior PC - 474011, Phone : 0751-2340910, 2340924

UPCOMING EVENTS

IAPSM is looking forward to many upcoming events like -

25th - 26th November, 2016 :

XX Annual Conference of North Zone

- Organizer: Department of Community Medicine, MM Medical College & Hospital, Kumarhatti, Solan, Himachal Pradesh.
- Venue: Maharshi Markandeshwar Medical College & Hospital, Kumarhatti, Solan, Himachal Pradesh.

16th – 20th December, 2016 :

International Public Health Management Development Program

Venue: School of Public Health, Post Graduate Institute of Medical Education & Research, Chandigarh.

22nd - 23rd December, 2016 :

Joint State Conference of IAPSM - Gujarat Chapter (XXIV) & IPHA - Gujarat (VI)

Pre conference workshop: 21st December, 2016.

Venue: GMERS Medical College, Gotri, Vadodara, Gujarat.

Theme: Non-communicable diseases – Prevention and control – a new challenge to India.

20th - 21st January, 2017 :

XVIII Maharashtra State Joint Conference of IAPSM/ IPHA 2017

- Theme: Public Health Centric Governance for Equitable Health Development.
- Venue: Rukmini Auditorium, MGM Campus, N-6, CIDCO, Aurangabad.
- Organised by: Department of Community Medicine, MGM Medical College, Aurangabad.
- Pre-conference Workshop – 19 January 2017.

10th - 12th February, 2017 :

IAPSMCON 2017 State Chapter West Bengal

- 44th Annual National Conference of Indian Association of Preventive & Social Medicine.
- Pre-conference Workshop – 9 February 2017.
- Venue: Science City, Kolkata.
- Theme: "Building Partnerships toward Sustainable Development".
- Organized by: Department of Community Medicine, IPGME & R and SSKM Hospital, 244, A.J.C. Bose Road, Kolkata (WB).

Launching of IAPSM Flag



First GC meeting was held on 26th May 2016 under the chairmanship of National President Dr. Ashok Mishra at Ahmedabad. In that meeting Dr. Ashok Mishra & Dr. A.M. Kadri unveiled the official flag of IAPSM and 30 point agenda was discussed in detail and many important decisions were taken covering various aspects of IAPSM body and PSM. Every member participated in the discussion. In the meeting unanimous decision was taken that all official events of IAPSM eg. meetings, workshops, seminars, conferences etc. shall start with National IAPSM flag on dais followed by flag salutation and IAPSM prayer.

FLAG SALUTATION

"We, the accredited members of IAPSM stand here to salute our National Flag, "The Tiranga" and we shall do everything in our power to see it fly high & fearlessly amongst all.

We take pledge that we shall protect it with the last breath in our body & shall lay down our lives upholding its honour & glory".

PRAYER OF IAPSM

"O God, my Lord, I start my studies with your worship & always pray for success. Please illumine my path & make all my work free of obstacles.

Whatever actions I perform with my body, speech, mind, senses & intellect – I dedicate them all to the service of humanity.

May all be healthy, may all attain peace,
May none suffer, may all be blessed.
I offer my salutations to you, my Lord,
Take me under your benediction".

IAPSM Flag Specifications

- Cloth Satin Silk - on both sides.
- Shade - Royal Blue.
- Size - 9 X 6 Inches (L X W) Ratio = 3 : 2
- Colour of IAPSM logo - Outer circle white and inner circle red (Either Printed or Embroidered on both sides) as shown in IAPSM website.
- Please follow the standards of National Flag as laid down in 'National Flag Code' of India by Bureau of Indian Standards.



BOOK - POST

To _____

From:

Dr. Ashok Mishra, Chief Editor
7, J.A.H. Campus,
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Gwalior - 474009 (M.P.) INDIA

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